



The Helyar Arms

Starters and Nibbles

Mixed Olives marinated in oil and herbs	£4.50
Soup of the day served with warm ciabatta bread and butter	£7.00
Bread and balsamic oil	£2.50
Breaded whitebait or butterfly king prawns or battered calamari with sweet chilli, aioli, or tartare dip	£7.50
Halloumi strips with sweet chilli dip	£7.50
Falafel with spicy tomato and red onion chutney	£5.50
Hot coated chicken wings with sweet chilli dip	£8.50
Prawn cocktail served with wholemeal bread and butter	£7.00

Pizza

9" £9 gluten free and 12" £12

Meat Feast: Pepperoni and pulled ham hock
Ham: Pulled ham hock and mushroom
Duck Hoisin: Shredded duck leg, spring onions, shitake mushrooms and hoisin sauce
Margherita: With cherry tomatoes and wild garlic pesto (Vegan option available)
Veggie Choice: Mushrooms, cherry tomatoes, red onion, mixed peppers and black olives (Vegan option available)

Panini (Lunch only)

£7

Pepperoni with mozzarella
Shredded duck leg with spring onions and hoisin sauce
Cheddar cheese with cherry tomatoes
Pulled ham hock

Burgers

£10

Our burgers (including the Vegan burger) come with bacon & cheese as standard, lettuce, tomato and garlic mayo (or 'baconnaise' in a Brioche bun and are served with coleslaw & spiced chutney. (Gluten Free & Vegan options available)
Choose your patty: Beef; Lamb; venison & leek; chicken breast or Vegan (Thai style chickpea & sweetcorn)

Chips & Sides

Skinny fries, chunky chips £3 or sweet potato fries £4.50: served with ketchup and mayo: add cheese for 50p	
Helyar coleslaw or a side salad	£2.50

If you have a food allergy, intolerance or sensitivity please speak to a member of staff about ingredients in our dishes before you order your meal





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Pub Classics

Helyar honey and mustard roasted ham, a brace of eggs and chips	£10.00
Battered fillet of haddock served with chips and peas, tartare sauce and a lemon wedge	£10.00
Breaded whole scampi tails served with chips, peas, tartare sauce and a lemon wedge	£10.00
Helyar chicken and ham pie served with mash, seasonal vegetables and gravy	£10.00
Fish pie: fish, prawns and peas in a creamy sauce topped with mash served with buttered greens	£10.00
Trio of Gooselade Farm sausages (lamb, pork and venison & leek), mash, vegetables and onion gravy	£10.00
Mediterranean vegan tartlet served with chips and salad	£10.00

Something special

Lebanese inspired salad, bulgar wheat, pitta bites, mint, pomegranate seeds and a molasses dressing	£10.00
Herb crumb crusted salmon fillet, parmentier potatoes, sautéed shredded courgette and a tomato sauce	£14.00
Lamb rump served with a potato and courgette fritter, crushed peas and a red wine sauce	£14.00
Chicken supreme, sautéed new potatoes, garlic spinach, and a mushroom sauce	£14.00
8oz sirloin steak with a grilled tomato, garlic mushrooms, chips and salad, garlic or tarragon butter	£18.00

Puddings

£6

Double chocolate brownie with a chocolate sauce and a scoop of gelato
The sticky toffee pudding with butterscotch sauce and a scoop of gelato
Lime posset with a shortbread biscuit
Vegan and gluten free cheesecake with a fruit compote
Gluten free flourless chocolate torte with a chocolate sauce and a scoop of gelato

Helyar cheeseboard: Mature cheddar, Blue Stilton and Somerset brie, celery sticks, apple, chutney and crackers

£8.00

Gelato and Sorbet by Baboo of Bridport 3 SCOOPS £5.50

Please ask to see our board for choices

Children's Menu

£7

Please ask for a menu, it comes with things for your child to do.

We can also offer smaller portions on some of our main menu choices, please ask a member of staff for availability

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