The Helyar Arms
Sunday Lunch

Starter, Nibbles & Bar Snacks

Mixed Olives marinated in oil and herbs	£5.00
Soup of the day served with warm sourdough bread and butter	£7.50
Bread and balsamic oil	£3.00
Breaded whitebait, butterfly king prawns or battered calamari with sweet chilli, aioli, or tartare dip	£8.00
Halloumi strips with sweet chilli dip	£8.00
Falafel with spicy tomato and red onion chutney	£6.00
Prawn cocktail served with wholemeal bread and butter	£7.50
Side Salad or Helyar Coleslaw	£2.50
Chips: Chunky or Skinny fries, served with ketchup and mayo (add cheese 50p)	£3.00
Sweet potato fries	£4.50

Sunday Roast £12.00

All our roasts are served with roast potatoes, Yorkshire pudding, fresh vegetables and gravy. Our meats are supplied by Gooseslade Farm

Roast topside of beef
Roast boned and rolled leg of lamb
Roast Supreme of chicken breast
Mediterranean tartlet (VE)
Baked haddock with a herbed crumb crust and cherry tomatoes, new or roast potatoes and fresh vegetables

Alternative Mains

Vegan sweetpea and mint ravioli in a tomato sauce with a side salad	£13.50
Scampi and chips, breaded whole scampi tails served with peas and tartare sauce	£11.50
Helyar roasted ham, a brace of eggs and chips	£11.00

Pizza 9" £10 gluten free and 12" £13

Meat Feast: Pepperoni and pulled ham hock
Duck Hoisin: Shredded duck leg, spring onions, shitake mushrooms and hoisin sauce
Margherita: With cherry tomatoes and wild garlic pesto (Vegan option available)
Veggie Choice: Mushrooms, cherry tomatoes, red onion, mixed peppers and black olives (Vegan option available)

Puddings £7.00

Chocolate brownie, sticky toffee pudding, Lime posset, Vegan cheesecake or Gluten Free chocolate torte

Gelato and Sorbet by Baboo of Bridport 3 scoops £6.50

Please ask to see our board for choices

If you have a food allergy, intolerance or sensitivity please speak to a member of staff about ingredients in our dishes before you order your meal

The Helyar Arms, Moor Lane, East Coker, Yeovil BA22 9JR 01935 862332 thehelyararms@outook.com